

volume II  
issue II

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magazine

sexy, witty, & intelligent

# KLOZZ

*lifestyle voice of today's distinguished professional*

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03.15.19 FUTURE

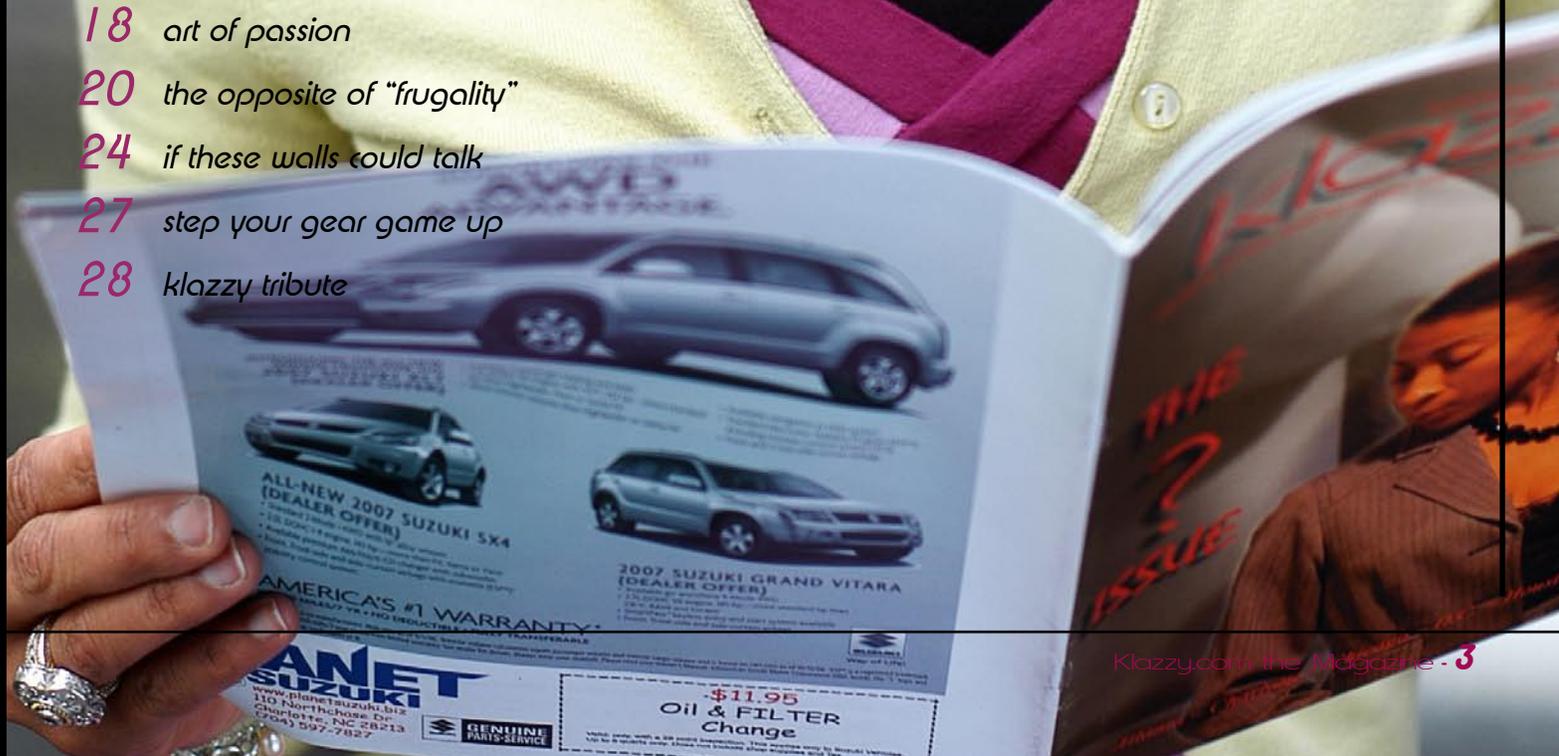
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- 04 *2 pennies from the publisher*
- 06 *what "ch'all" got to say*
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Confusion, chaos, turmoil, disarray, indecision, stress, insomnia, frustration, loneliness, worthlessness, mediocrity! Un-desirable. I'm special! I'm educated, by your system that you put in place. I'm special! I apologize for not living a perfect life and becoming part of the "white collar" workers union. The color of my skin? How long do you think that collar will stay white? That's why I always wear my "signature" black shirt! (not in this picture though, didn't want too much BLACK in the magazine) It symbolizes that my tangible white collar is permanently stained by my intangible metaphorical pigmentation.

I hate being told what to do! Like the spot on the wall behind my head in this photo, I never want to "blend in". However, as you can see, I always bite my lip to hold back expression (and to look sexy too). Like the watch on my wrist, I try to remain holy. I keep my neckties loose so I will not get choked up, yet, I'm back to biting my lip (cute right?) to hold back expression. All This Contradiction! [my metaphors are too deep] Still, somehow, like this magnificent tie, I continue to stand out!

I'm **crazy** yet dedicated. I'm **stupid** yet focused. Chasing a **dream** yet sticking to a plan. Who are my judges? They don't need to wear black robes because their skin is the same color as mine. I apologize for not living a "perfect [meaningless] life". I apologize for not wanting to change my ethnicity (not my race since we're all in the human "rat" race) to "Corporate-American". Well, not really. (you missed that one, so read it again) God doesn't bless us for our benefit, but to "bless" others.

A lot of people want to be around when everything is going great, but no one wants to stay around when they "think" things are going bad. So many want to bail on you at the first sign of "perceived" trouble. Or, if they don't bail on you they want to add more stress and grief (I'm a sorry loser with a pipe dream. A waste of time). I can not deal with people that have a one track mind. I can not deal with people who have not suffered in life as I have suffered. These people do not understand true struggle. These people do not understand that there is more than ONE world around us. You can not learn about life from a book, a magazine, a website, CNN, and definitely not BET. Life is only learned through experience. And if you have none...

Wake Up America! They're hypnotizing our children in school. "Sit down, shut up, and stop dreaming!" "Here, take these pills to calm down!" "Matter of fact, we have a pill for everything." One lesson that everyone should learn in life is to be open minded. There is more than one way to do everything. Do not knock something that you do not understand. More than likely you do not understand it because you have not gone through it. And if you have gone through it, there are still other ways to deal with it. Think people, THINK.

This issue is dedicated to the memory of those who "jumped ship" from Klazzy and my life. (especially the ones who will be pissed off once they read this) Now that all of the "dead" weight is gone, my hot air balloon has begun to float!

Please, turn the pages, and read my **crazy, stupid, dream**. Wake me up when you finish.

Welcome 2 Another Klazzy Experience!

**The USE of Knowledge Is ~~Power~~ DANGEROUS!**

**THINK RESPONSIBLY!**

Bobby R. Bowden, MBA  
CEO, Publisher, Executive Editor  
Klazzy Magazine, Inc.



\*\*\*\*\*

Hi Bobby,  
I took a look at your website, and I think that you have a marvelous product. I wish you the best, you are off to a great start.

Jameka Whitten  
Executive Creative Director  
SOTAC Magazine

\*\*\*\*\*

I am glad that you followed your dream of writing this magazine. When you put God first positive things will happen to you.

Be Blessed,  
Tonya S Sumpter

\*\*\*\*\*

I read your magazine, well not the whole thing but most. It's interesting however; I would like to see more quotes from "experts" about all the topics. Also, to me the stories can seem a little male oriented. You might benefit from adding a little feminine flavor (unless men are your target I'm not sure). Keep doing what you do.

Shelby Lloyd

*~Yeah! We're not sure who our target is either!*

\*\*\*\*\*

I just wanted to stop in and say hi. I like your magazine it has good information.

Erica Owens

\*\*\*\*\*

Congratulations!!! I'm proud of you for getting this up and running. I wish the best to you on this. I'll be sure to put your magazine out to the people up in the D.C. area.

Alecia Nelson

*~Yeah Yeah. Promises Promises. :-)*

\*\*\*\*\*

I checked out your site and it really looks great! It's very professional. Best of luck to you!

Kresha Waldrop

*~Damn! Professional? I was going for sarcastic!*

*Oh well, back to the drawing board.*

\*\*\*\*\*

\*\*\*\*\*

Bobby,  
Your publication is sooo exciting! Great artwork, great layout, and of course great end result for the readers. Much continued success.

Cathy Miller Beers  
CEO  
Magazine Yellow Pages

*~Thank you! Thank you! I know I'm the greatest!*

\*\*\*\*\*

Bobby,  
I must say that I am EXTREMELY impressed by "Klazzy Magazine." And believe me.....for me to say that is a huge compliment. I have a reputation of being a hardcore critic.....especially as it relates to products and services geared towards the "urban" market. I am typically unimpressed with the lack of professionalism and content in most urban magazines. Sometimes I feel like we do such a disservice to our people by constantly perpetuating the very things that have our community in bondage (drugs, alcohol, the love of money, exploitation of women, etc.). I respect your magazine for finding that strategic balance of being engaging and relevant.

Be encouraged,

Alicia V. Jolla  
Charlotte Economic Development Office

*~A lot of big words, but I think it's a compliment...*

\*\*\*\*\*

Hi Bobby,  
I really admire what you're doing, pursuing your passion. You're definitely an inspiration for me to step out on faith and pursue my dreams.

I have glanced at the website and I must say I am impressed. Keep doing what you're doing. I will definitely spread the word to friends to be on the look out for your magazine.

Joy J. Blackmon

\*\*\*\*\*

I just read your magazine and I'm impressed. Very nice start to what I predict will be a long and successful run.

Jerry Thornton  
Partnership Development  
Visit Charlotte

\*\*\*\*\*

**CEO, Publisher, Executive Editor**  
Bobby R. Bowden, MBA

**VP of Marketing & Public Relations**  
Dany Eason

**Creative Director**  
Angela Lovett

**Brand Management**  
Crystal Bennett

**Contributing Editor**  
Bethany Boyd

**Issue Design, Layout, Web Site Design,  
(Any volunteers out there? Interns?)**  
Bobby R. Bowden, MBA

**Contributors**  
Moye - Photography  
Tye Coe - Makeup/Styling  
Kendrick - Makeup  
Boris & Natasha - Clothing  
ICE Modeling - Models

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**Legal Crap In Tiny Print To Cover My A\$\$**

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HEY, IT'S ALL FOR FUN!

\*\*\*\*\*

I think, since I signed up for the mailing, I would like 2 copies of Klazzy personally signed by the CEO!!! This, way when it blows up all big I can sell one on Ebay. (hahaha) Just kidding. It's GREAT to see that you have done so well. I am so happy for you.

Nakia Palmer

*~See, folks always tryin' to profit off somebody else's work.*

\*\*\*\*\*

Hey B,  
I just wanted to let you know that I am really feeling your mag. You are a good writer with so much to inform the world on. Your eyes tell another story than your thoughts, deep you are young gentleman!

UniqueExpression

*~Hey hey now! None of that mushy crap!*

\*\*\*\*\*

*~There's a new fad in the United States. Adopting orphans from other countries. It's a big thing now with the rich and famous, (Angelina Jolie) and even the rich and not so famous (Isolde Motley, a top executive of Time, Inc.). Why are people adopting children from other countries when there are so many to adopt right here in our country?*

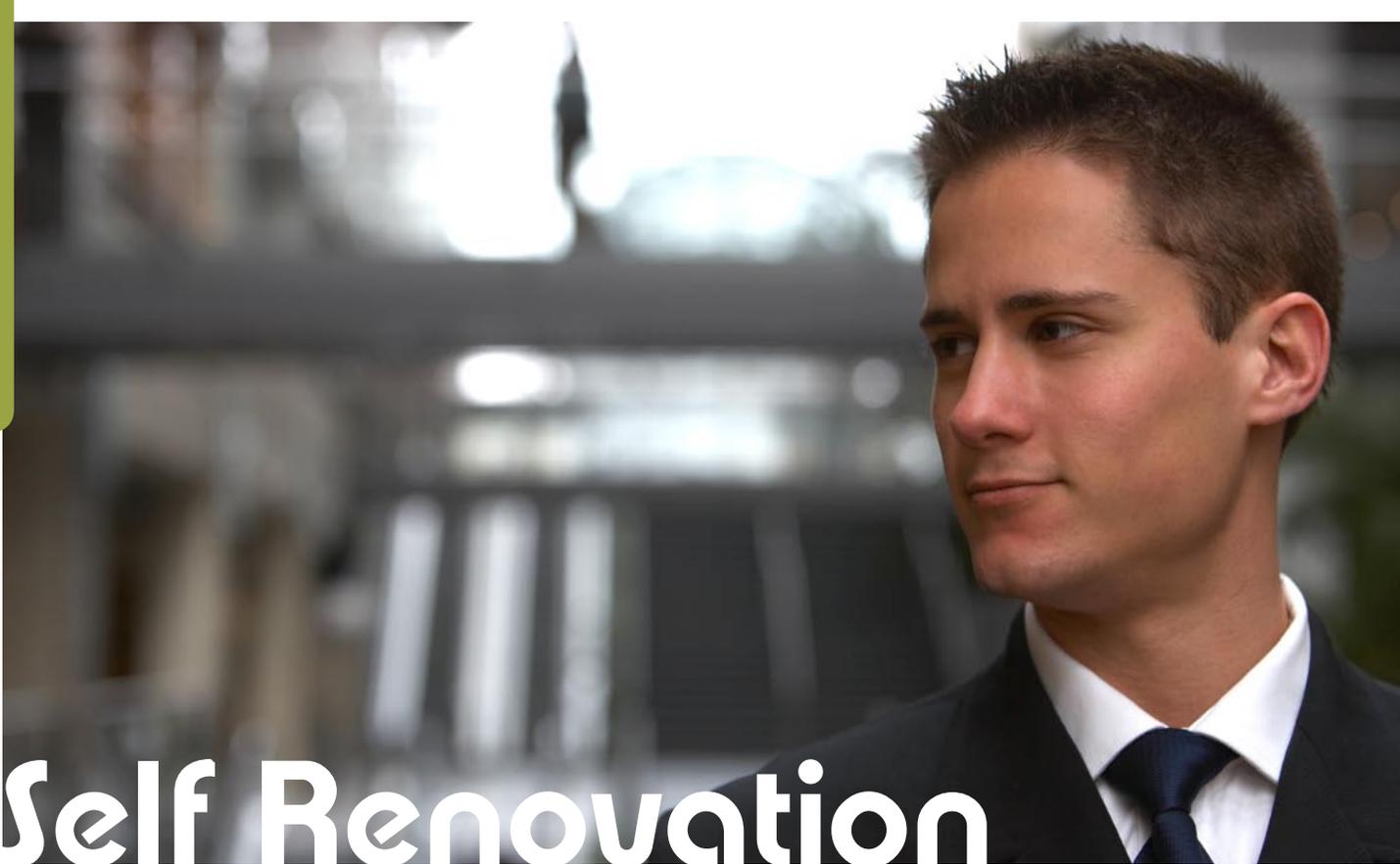
According to Upscale Magazine (an issue from several months ago) so few Americans are adopting Black American children that our orphans are being adopted by Canadians. I've been planning on adopting a little girl from a country in Africa ever since I went to Kenya and saw the enormous number of orphans wandering the streets. But, after reading that article in Upscale about our children being deported I may reconsider my plans. For the record, I think that any family that can love and support a black child, Canadian or not, should be able to take them.

Miss West Coast

*~The ethnicity of a child doesn't matter, as long as we're adopting in OUR country. This country wastes too much time taking care of outsiders more than they take care of HOME! But what can you say about people who "Discovered" (stole) a country that was already inhabited by other people?*

\*\*\*\*\*

*~HEY! You got something you want to say? It's probably not important but if you insist, log on to klazzy.com to submit your Feedback. But remember, I get the "Last Word": :-)*



# Self Renovation

**W**hether you're male or female, there's no price you can put on emotional damage done by family or intimate relationships. To say your private life can't overflow into your professional life is far fetched. Baggage is Baggage. A healthy private life invigorates the business life.

The most compelling thing I can say about my life now is that I'm productive. Not rich...maybe not famous...but productive and fulfilled. I've learned that choices about relationships, dating, and marriage can greatly help or hinder one's ability to live life to the fullest and succeed in one's career. Wrong relationships with wrong people can rip good opportunities right from under you. It's all about attitude! Don't just believe you deserve more. Make up your mind to do more. Raising your personal standards, changing your outlook on life, traveling with a new circle...whatever it takes.

Keep in mind that relationships with family and friends are risky. They can be your greatest blessing or your worst nightmare when it comes to your dreams. Try establishing some guidelines when pursuing your goals so as to not derail your professional career. Here are a few to help:

1. Make your personal plan first in your decision making process. Place people, places, and things that hinder your goal last when making decisions.
2. Set boundaries for that private life. When attempting to move forward, wasting time will pull you back.

3. Married or single...remain debt conscious. Nothing bleeds the joy out of everyday living like extrenious debt that constantly eats away at your finances.

4. Keep drama away from the workplace. This is just a given, because the price paid is simply too great.

5. If you're a parent, remember, your children are affected by each and every decision that you make.

6. If you're the trailblazer, the first to accomplish something in your circle, hang in there. If those that should support you are jealous and negative, don't let them drain your opportunities, money, or time.

Potential is existing in a possibility capable of development into actuality. Keep all of these tips in mind to navigate the relationships that may hinder you and live every day making your desires your reality. - 

~Katrina Robinson

*Katrina Robinson is a motivational speaker, writer and workshop facilitator. For further info please e-mail [ptopsd@yahoo.com](mailto:ptopsd@yahoo.com). Her book Poverty to Potential is available online at [www.Trafford.com/bookstore/katrinarobison](http://www.Trafford.com/bookstore/katrinarobison)*



## Women Have **ARRIVED**

**I**t's 78 degrees for the 5th day in a row and people are starting to get the itch. Summer is right around the corner and anticipations of what lies ahead are escalating. Lazy afternoons and long sultry nights set the stage for the most rhetorical question, "What's there to do in the Queen City?" A conversation piece echoed in all crowds, one organization has made it a point to put the responsibility back in the hands of the community, or at least the hands of the women. Enter the Charlotte network of the National Association of Black Female Executives in Music and Entertainment or NABFEME.

NABFEME, a non-profit organization, is committed to empowering women of color in entertainment industries. By providing exclusive networking opportunities and exciting platforms to market creative talents, NABFEME has moved out of every little girl's "when I grow up" dream, and into our neighborhoods to fill an obvious social and professional void. With an international membership base and a star-studded lineup of influential ladies, NABFEME aims to head off a continued disconnect between the seasoned pro, the professional and the new executive by creating avenues for everyone to mingle on a level playing field.

So who's associated with NABFEME? Not to namedrop, but try several of Hollywood's most influential African American women, Tyra Banks, Patti LaBell, Mara Brock Akil, Sylvia Rhone, Nikki Giovanni and several others. "It's high time to spark this positive growth" says NABFEME national president,

Johnnie Walker. To decisively migrate into the mainstream is far beyond a necessity especially in a city that supports predominately female initiatives. Where do the girls go to play? There is no comparable arena to the Bobcats, the Panthers, the Checkers or even the Knights. Charlotte's unique diversity lends itself to the element of confidence and pride associated with a woman's distinctive sexiness and that's what NABFEME aims to celebrate.

We still beg the question, "What is there to do in the Queen City?" With the introduction of the new NABFEME Charlotte network, the city can expect a series of networking events such as the organization's signature WOMEN WHO JAM! showcase. WOMEN WHO JAM! is a female driven movement highlighting women who create, produce and perform R&B, Hip Hop, Jazz and or Gospel music.

WOMEN WHO JAM! pays homage to performers like, Beyonce, Janet Jackson, Fantasia, Alicia Keys, Mary J. Blige, and other female artists who are laying the foundation and customizing today's music scene. Women making their own moves, running their own entertainment companies, their own record labels, producing their own shows and calling all the shots! So Charlotte, pull out your demos, grab your microphones, it's time to JAM! "What's there to do in the Queen City?" What ever we as women, want to do! - **✎**

*For more information, log on to [www.nabfeme.org](http://www.nabfeme.org) or call 704.458.2867.*

# Tax Tips

## for Business Travelers



If you're self-employed, you may be able to deduct transportation, lodging, and/or meal expenses that you incur when you travel away from home for business. Similarly, if you're an employee of a company and you incur unreimbursed business travel expenses, you may be able to deduct these expenses on your federal tax return as miscellaneous expenses.

### Overnight travel expenses

The following travel expenses are generally deductible when you're on an overnight business trip away from your principal place of business:

- Transportation expenses including travel by airplane, bus, train, or car between your home and your business destination
- Taxi, commuter bus, and airport limousine expenses
- Hotel or other lodging expenses
- Meal expenses (generally 50%)
- Telephone and fax expenses
- Tips
- Baggage charges (including baggage insurance)
- Entertainment expenses, subject to certain limitations

## Meal expenses

In order to deduct meal expenses (with the exception of expenses for meals directly related to or associated with business--e.g., entertaining a client), you generally must be away from your normal place of business on a business trip that necessitates your staying away overnight.

Example: Say you fly out of town to meet with a client, stop to eat lunch at the airport before going to the client's office, and then return home that evening. The cost of your airfare is deductible, but the cost of lunch is not. However, if you had stayed overnight to meet a client the next day, all your meal expenses, as well as your lodging expense, would be deductible.

If you have not kept, or find it difficult to keep, specific records of allowable meal expenses while on business trips, you can opt for the per diem allowance allowed by the IRS without actual substantiation of the amount of the meal expenses. The amount, which covers meals and incidentals such as tips, ranges from \$30 to \$42 per day. Regardless of whether you deduct the actual cost of your meals or use the per diem allowance, you can generally deduct only 50% of the unreimbursed amount.

## Keeping track of expenses

The IRS generally requires that you have two types of evidence to back up expense deductions:

- A written record (this can be in the form of a diary, accounting book, or other written record) that details the time, place, and business-related purpose of the travel expense or entertainment expense
- Documentary evidence, which can include itemized payment slips, receipts, or other written records showing you paid for specific travel or entertainment expenses

The records you keep for entertainment expenses should list the cost, the date and place of entertainment, the names of those entertained and your business relationship to them, the entertainment's business purpose and the nature of the business discussion or activity.

Receipts acceptable to the IRS must list the date, place, amount, and nature of the expense.

Restaurant receipts must also indicate the number of people served and itemize any additional nonfood or beverage expenses.

Hotels or other places of lodging must include an itemization of separate non-lodging expenses, such as phone calls, food, and beverages.

You should keep your travel, meal, and entertainment expense records for at least three years after the date on which you file the tax return on which the deductions are claimed.

## Claiming the expenses

Employees incurring unreimbursed travel expenses may deduct them (on Schedule A) as miscellaneous itemized deductions subject to the 2% of adjusted gross income floor. If you are reimbursed for your expenses, you generally cannot claim them as deductions. However, that's not always the case; it depends on the type of reimbursement plan your employer uses. If you're self-employed, rather than deduct these expenses on your Schedule A, you report them on your Schedule C.

Tip: Expenses reported on your Schedule C are not subject to the 2% adjusted gross income floor that would apply if these expenses were reported on Schedule A.

For more information, see IRS publication 463, Travel, Entertainment, Gift, and Car Expenses.

## Local travel expenses

Generally, if you're an employee, the cost of commuting between home and your place of work isn't deductible. However, if you're self-employed and your residence is your principal place of business, you can deduct expenses you incur in traveling from your residence to any other work location. -  $\mathcal{K}$

~Cynthia McCrory, MBA

*Cynthia McCrory, MBA, is a broker/dealer and investment advisor for National Financial Services Group, a registered independent of Equity Services, Inc. For more information call 704-343-3011*



## Before Jumping Into A Workout...

So why should we warm up? Simply put, the body enters a ready state and prepares itself for strenuous work. There are two types of warm-up. The general, and the specific.

The general warm up may consist of slow jogging, faster walking, or light exercises. During this warm up your body's core temperature is raised. This causes a heightened metabolism and your capillaries (small blood vessels) open up to optimize the transport of oxygen and nutrients to muscle cells. In addition, metabolites are transported away from the cells. At the same time the nervous system reacts faster and muscle contraction and coordination are positively influenced. The lifter can lift more and the runner can run longer without fatiguing because the coordinative and metabolic processes are optimized.

The specific warm up helps to prepare the muscles used in a specific sport or activity, like warm up sets in Bench Pressing. The specific warm up consists usually of exercises similar to the motions done in the sport. Coordination and blood circulation is increased. The general warm up is a good start for the activity, but does not replace the specific warm up.

Another important factor in warm ups is the reduced risk of injury. Warming up increases the elasticity of tissue and reduces viscose resistance (viscosity). Muscles stretch more easily and the risk for tears is minimal. The impact on the joint is also remarkable. Synovial fluid production (fluid within the joint) is increased. The cartilage of the joint "sucks in" this fluid and becomes thicker. This leads to a better absorption of pressure. In cardiovascular activities the warm up allows a better circulation of blood and increased breathing and heart rate. This minimizes the initial build of lactic acid and early onset of fatigue.

No matter what sport or activity you do, a warm up is the key to success and health. - *✎*

People rush into the gym from work determined to do something good for their body. Their goal may be losing weight, building muscle, training for a sport, or just "staying in shape." Unfortunately, the good that they intend to do for their body ends the moment they enter the gym. They throw on their gym clothes and hasten to the machines. People seeking to improve their cardiovascular fitness jump on the treadmill or elliptical trainer, power up the resistance, and work like someone is standing behind them cracking a whip; without warming up.

On the other side of the gym the lifters enter. They don't even glance at the cardio equipment. Determined, they walk over to the bench press area. They load up the weight, probably much more than their own body weight, and one minute later you hear them groaning and grunting trying to lift it.

When I ask people why they do not warm up, I usually hear, "What for?", "I don't have time!", "Buzz off!", or "I know what I'm doing!". A lot of the people that think they "know what they're doing" are the ones that usually end up injured.

*Michael Anders is the owner of Shape Up Personal Training Inc. located inside the King Fitness Charlotte Sports Complex at 3722 S. Tryon Street, Charlotte NC 28217. To make an appointment please call (704) 527 1911.*

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[www.klazzy.com](http://www.klazzy.com)

# Why You're *Really* Single

## An *Opinionated* View

“...*damn*, dating is *not* a job application...”

I usually try to avoid the topic of relationships because I suck at them, but now I realize that it's not me. It's you! Hey, now that I have your undivided attention I will skip the long monologue and just jump right into it.

**“A relationship is practice for marriage. The way you practice is the way you play the game.”**

**You're a liar.** - When you first meet someone you should be completely honest and up front. You're just getting to know each other so there's no reason to tell lies of omission or have hidden agendas. True, when meeting someone they don't need to know all of your business, but still be up front with people. You expect the man to be honest when you are grilling him with, “Where do you work?”, “Do you have kids?”, “Do you live alone?”, and “Are you gay?” So as soon as you finish those questions you should tell the truth even if it means saying, “I have a person that I have sex with until I find someone I truly want to be with.” Tell them, “Yes, I'm in a relationship”, or “I only want a sexual partner”, or “I'm looking for my next ex-husband”, or whatever it may be. Just be honest with the person. Honesty will solve the majority of dating headaches, so be up front and you will only deal with what you're looking for.

**You don't say anything worth listening to.** - The man you are looking for wants someone who can carry decent and intelligent conversations on a consistent basis, key words being “decent”, “intelligent”, and “consistent basis”. I dated a lady that could, and would, talk about anything. We sat in bed one morning and talked about her job for 2 hours. That was huge because she went into descriptive detail and explained everything that she

did. I felt special that she even wanted to take the time to let me know exactly what it was that she did. How many people can say that they have dated someone for a few months, or even longer, and know, in detail, exactly what his or her partner does for a living? It was big to her because no one had ever wanted to talk to her about the details of her life before. You have to be able to “consistently” and “intelligently” communicate about things that matter. That's the only way to learn if they've killed anyone or not.

**You only want time that involves money.** - Time is imperative. Even if you're not actually in a committed relationship you have to have those chances to talk and be around the other person. To me you really can't know anyone until you spend consistent (there's that word again) quality time with them. I mean personal time, not just booty call time or let's go out and spend money time, but free time in which you're chilling in your jogging pants, t-shirts, and socks watching Grey's Anatomy on tivo, or watching my San Antonio Spurs win another championship. If you're not able to spend that down time with me, then I will not be interested in taking you to dinner.

**You only want time that involves “jaw jackin”** - Just because talking is important and I want you to be in the same “vicinity”, I still may have work to do, or you may have work to do. Sometimes quality time involves “quiet time” which means for you to be quiet. I want to know how you are when you get home from work. I want you to know how I am when I have a deadline to meet for work. However, constantly talking and seldom listening doesn't cut it. Are you going to nag when you know I have things going on, or are you going to understand and support me? Will you try to shut me out when you have things going on, or will you allow me to try to help you and

“...come on now, are you *really* putting forth the effort to *make* something work...”

soothe you. These are the things that we discover about each other during quiet time.

**You choose your friends over your man.** - Loyalty is extremely important. Now I don't mean to worship someone or to let them be the “boss” (unless you're into that), but a man wants to know that you are on his team. Can he count on you in the hard times, or will you run and talk to “outsiders” about everything that goes on between the two of you. It's true that your friends may be there when the two of you have an argument, but your friends may not forgive as quickly as you do.

**You are narrow-minded.** - Now, are you a person that's jumping from relationship to relationship, are you putting forth effort to really make something work with someone, or are you just meeting people and saying, “Ah hah! He has XYZ!” “Good job but not a workaholic, thick but not fat, tall but not too tall, confident but not conceited, forward but not pushy, authoritative but not controlling . . .” Damn! Dating is not a job application. What it boils down to is whether you want a real person with all of their quirks, or if you want to sleep with your imagination (and your “toys”) for the rest of your life.

**You measure success in dollars and cents.** - There is more than one way for everyone to reach success. Success for you may be different than success for me. So for you to get to your success level you may take path B. For me to get to my success level I may take path P. Someone else may take E or Z. There are so many ways to become successful, and the success that I want may take longer than the success that you want. If you choose to work a job for a salary, while I choose to be an entrepreneur, who's successful? Is it you because I haven't grown my company to your pay grade yet? Or can you respect that we took different paths because we have different goals?

We both will be successful, my path may just take longer. Becoming an entrepreneur, or taking an entry level job is the equivalent of medical school or law school. It takes a few years to get on track.

**You don't want to work for anything.** - It's natural for people to just not get along sometimes. You bicker with your brother, sister, or parents for 18 years and you still love them. So when you're with someone you must realize, “Hey, we are gonna have problems and I can't just quit and run.” (As long as it's not abuse.) It's not because we're male and female but because we're people. Am I going to try to work through these problems, or am I going to just throw my hands up, say forget it, move on to the next person, and start the process all over again? If you go through the time to determine, I like this person, I can be loyal to them, I can be open minded, but as soon as a hard time comes up you want to flee, that's crazy, and there's something seriously wrong with you. Anything worth having in life takes work.

So, for all of you who are too “independent” to change your lying, rambling, money hungry, jaw jackin', gossiping, close-minded, impatient, don't want to work for anything ways, THAT is why you're still single! (Or because the person you're “dealing” with is suffering from one or more of the above traits. There. I gave you an out. Happy?) - ✎

~ Bobby R. Bowden, MBA

*Bobby R. Bowden is not even close to being any type of a serious relationship therapist and it's highly recommended to strongly NOT consider any advice that he attempts to offer on the subject. However, it really does make a lot of sense though doesn't it?*

life



# the Epitome

# Of Love

**H**ave you met Consuella? Chances are you've heard her sweet voice over the radio at night. That's right! She hosts the Quiet Storm from 10pm to 2am on Power 98 in Charlotte. So many have heard the sultry voice but very few have had the visual pleasure of being face-to-face with this fiery enigma from the "504". Face for radio? Oh no! Not this one. Definitely a face made for the bright lights and glamour of the big screen.

After an impressive center city photo shoot we sat down for a bite to eat. An interesting meal at Sonoma, indeed, yet, a much more interesting conversation.

## How long have you been in radio?

Seven years.

## (trying to figure out her age)

## When did you come to the Queen City?

I lived in Louisiana all my life, and worked on a morning show in New Orleans until (Hurricane) Katrina came through in '05. Then I traveled a bit, Atlanta, New York, lived in Houston for a while, and in 2006 I moved to Charlotte to take another radio position. I had no family here, but I took the job. There were opportunities in New York, but the weather here is better.

## So they called you specifically for the night time position?

No, at first I worked with (No Limit) Larry on the Morning Show. I filled in for JD (Janine Davis) for a while which allowed me to get acclimated to Charlotte. Then I was switched to the night time show. The night time is interesting because it's a totally different audience. Being used to working with different personalities on the morning show here and in New Orleans, it was different to just be the only person at night.

## How is the show ran?

Slow music is from 10 pm til midnight. There are lots of requests but I keep a consistent flow. Sometimes people seem shy when they call in, especially the men. You don't have to be scared to talk to me - call in and speak up sweetie! Thursdays is the "Love Lounge", in which I interview music artists about their personal and love lives. These are insightful interviews because you can learn more about your favorite musicians.

## You only work at night, so what else do you like to do?

I have worked in modeling, hosted a television show, done commercials, videos, and have even worked for an entertainment attorney. I've done a little singing, I write, of course acting, love to cook, and I used to be a fitness trainer.

## Wow! A true Jack, or Jill, if you will, of all trades.

## You seem so busy--what do you not do?

(laugh) Deal with foolishness!

**(laugh) I feel you on that one. Now what if you could carve out the time to do a column with us in Klazzy Magazine, (\*hint-hint\*) what would the focus be?**

Love! We can even call it the love lounge.

**(hey, she said CAN!) What do you want to change in the world? As in... what's on your mind?**

The decline of the family structure. Men don't want to commit. Women don't want to commit. It's crazy right now. Whatever we bring in is what's gonna come out. We're diving so much into the negative media, and that's what people are reciprocating. People are growing up and are not learning how to love the opposite sex because they didn't witness it in their homes. We can sit and discuss it all day, but it starts with each of us individually. What can we do now to prepare ourselves to help support our future mate?

**Yeah, I can see that negativity in Charlotte all the time.**

**What else is positive and/or negative about Charlotte?**

Charlotte is really clean! The streets are always clean. It's a progressive city. Lots of well educated trendsetting people here. But, Charlotte can be a bit boring.

**BORING?**

Yeah! Not in a negative way, but I'm used to being able to have a variety of where I want to go and what I want to do at any time. Charlotte shuts down around 10 or 11.

**Because they're all rushing home to listen to the Quiet Storm. Ok, so five years. Where do you see yourself?**

Walking the red carpet with my man, or husband if I'm married. I also want to be acting full time.

**I can't wait to see that! Since you're single now (yeah, I was just as surprised as you are), what would I..., I mean... uhh... a guy, have to do to become your man?**

Well, I like movies, talking (a lot), eating, and blueberry cheesecake milk shakes from Cook Out.

**(writing all that down..., wondering if I have to actually listen when she wants to talk...)**

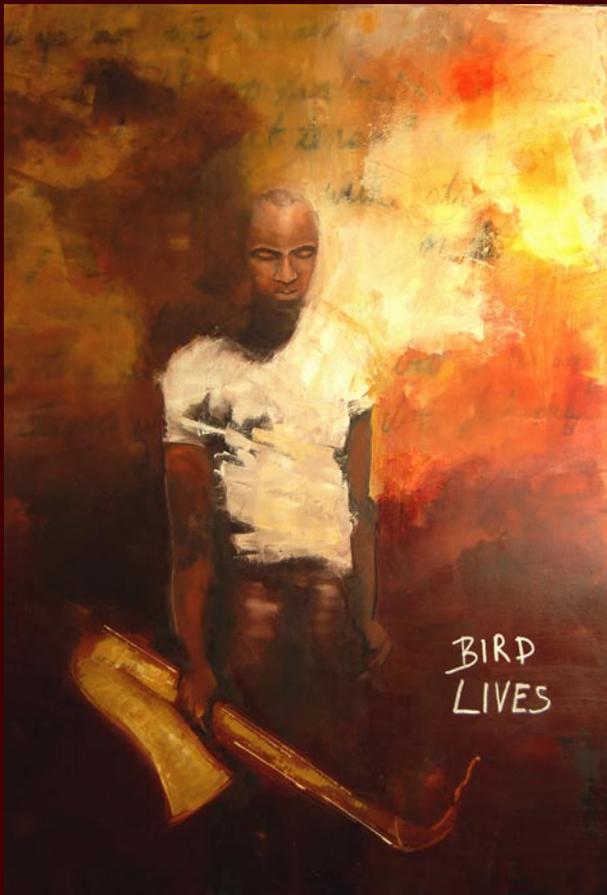
**Ok! And again, what will you not put up with?**

FOOLISHNESS!

**(throwing list away)**

**Oh well, that counts me out! - ♪**

*Tune in to power 98 at 10 pm Monday through Friday to get to know Consuella better. Here's a tip for you: the first song of the evening tells listeners what mood she's in, so be sure to always tune in exactly at 10pm, so you'll be in the know, and men, please speak up!*



# Demayo

Derek Mayo, "Mayo", is a self-taught artist whose interest in the arts was fostered while in high school. At the age of 22, while holding his first one-person exhibition in Durham, NC, Mayo decided to actively pursue a full-time career in visual arts. Aside from his great accomplishments in painting with oils, acrylics, watercolors, and drawing with charcoal, pencil and ink, Mayo shares an equal passion in photography and graphic design. Since his career began, Mayo has participated in the annual Art Gala, held at the NC Museum of Art, sponsored by North Carolina Central University (NCCU), and exhibited artwork at Artist's Escape, Bradiggins Arts & Crafts Gallery, and a campaign fundraiser for Charlotte Mayor Pro Tem Patrick Cannon. Mayo's current works can be found displayed across North and South Carolina, including Durham Regional Hospital, NCCU and a number of Durham Public Schools, several Charlotte area restaurants, and local corporations. -  $\infty$

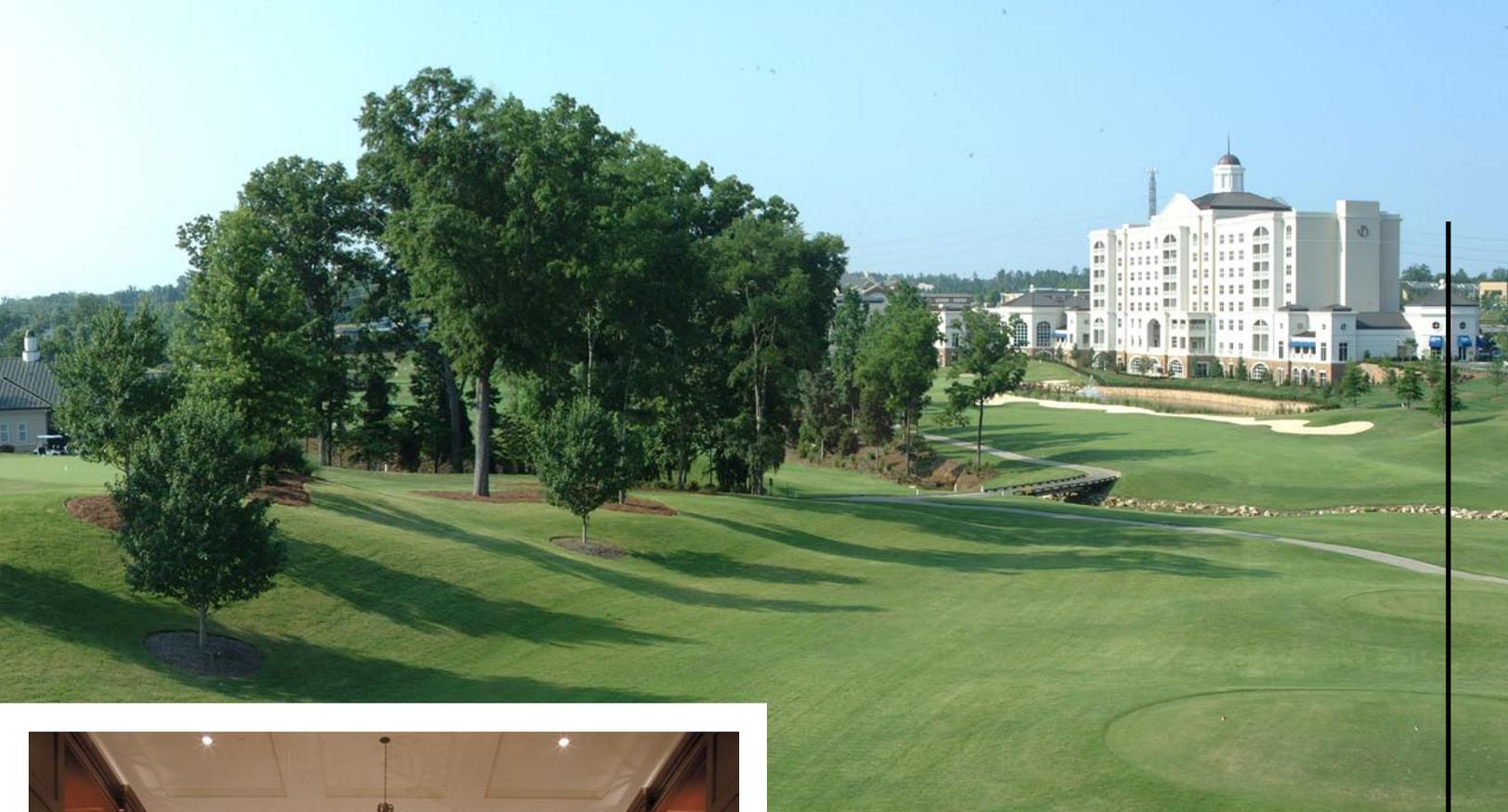
For more info log on to [www.demayodesigns.com](http://www.demayodesigns.com).





# Beautiful Benevolent Ballantyne





Luxury, pampering, and nourishment all working together for your ultimate relaxation; that is Ballantyne Resort. Nestled in the influential Southeast side of Charlotte is a beacon for all who are mentally, physically, and spiritually exhausted. I was a different person when I checked out at the end of my four day stay. I checked in mentally exhausted after many months of preparing for the release of our publication. When I checked out, I had an energy boost that was better than the coolest drink of water on any day in July.

Every detail of my stay was effortless. To check in I simply gave my name and a show of my I.D., and within five minutes I had my room key. I only had a few bags, so I carried them myself, but the bellhops were ready to serve if I needed help. I decided to walk at a leisurely pace to the elevator, to act like I was not too anxious, when I really wanted to run. I couldn't wait to see my room!

When I opened the door, I felt like my name was being spoken to me, beckoning me to come in and totally relax. A huge window overlooked the 18th hole, and sitting up on a hill was the Dana Rader Golfing School. The bed was a sight to behold with its ultra soft comforter and plump pillows. My body was begging me to lie down, and from that moment I knew I was truly about to indulge my senses.

Everything about the Ballantyne Resort was wonderful, but the Spa was my absolute favorite place. I received a hydrating facial, which left my face feeling remarkably clean and smooth. I didn't wear any make up for two weeks! Next I experienced a full body exfoliation with a shea butter rub down. Every muscle in my body just sang. After my exfoliation, I was in the shower for about twenty minutes, and the whole time I was thinking, how is she going to know when I am ready?





The Dana Rader Golfing School had me swinging like Tiger Woods in no time! Although I had never Golfed, I was able to follow the lessons and get good results. After I received my lessons, I sat down with Dana Rader herself to chit chat. She is really kind, and when she walks up she seems so humble and grateful to see you. Her eyes light up as if she's hiding the best secret in the world, the secret to becoming a world class golfer! Dana has been teaching golf since 1982, and she was rated by Golf Digest in 2000 as one of the top 50 instructors in the US. She's fantastic, and her school continues to be ranked as one of the best in the states. One of their tactics is to record your swing so you can see what you're doing wrong. I got taped, and after following her instruction,... surprise, surprise. My form was down pat! I couldn't believe it. So if your golf game is a little "off tee", then you may want to consider Dana Rader's Golf School to help get you "up to par".

Pushing the thought from my mind I finished my shower, toweled off, and got back on the table. When I got comfortable I let out a barely audible sigh, and as if on cue the masseuse came back in the room! When I asked her how she knew I was ready for her, she stated that everyone is so relaxed that they let out a sigh and she listens for it! Wow!

After the fantastic massage was the Pedicure! While sipping on a mimosa and facing the most beautiful scenery of hills and a little pond with running water, my feet were getting the ultimate treatment. I can't think of the best way to describe it, so I am going to use the expert words of the Ballantyne Spa Menu of Services...during this wonderfully therapeutic adaptation of our Spa pedicure, warm stones become an extension of the technician's hands, helping to balance the body and mind while the feet and calves are massaged. I will never book a basic pedicure again. Each service indulged all five of my senses, and I could just feel the tension drop from my body.

The Gallery Restaurant was my last experience before beaming beaming back into the real world. Exotic foods were placed on exquisite china and the service was exceptional. I truly felt like a queen while dining. Just be sure to pay attention to the server when they describe the menu. There are so many great choices you will have to make more than one trip to experience it all! This restaurant is the perfect place to have a romantic dinner for two, or to host a banquet. With romantic mood lighting, and tasteful art on the walls, one can't help but to relax and enjoy the meal.

Ballantyne Resort, thank you for a wonderful experience! - ♡

~ Phennix

*If you are a getting ready for a wedding, tired from the winter season, want to improve your game in golf, or if you simply want to get away, the Ballantyne Resort, is waiting to indulge you! For more information visit [www.ballantynespa.com](http://www.ballantynespa.com) or call toll free 866-248-4824.*



## What Does *Your* Room Say?

Every room should tell a story. However, for most people, putting all of the pieces together to create a fairytale and not an anecdote is overwhelming. There are many things to consider, like the space itself, its dimensions, construction, as well as its potential and its limitations. Will the space be used for work or leisure, entertainment or worship, healing or learning ...? What is the meaning of the space? Does it signify power, authority, security, wisdom, achievement, playfulness or serenity? There are also practical considerations, like ease of access, amount of light, acoustics, seating and places for storage. There are health and safety considerations, attention to special needs, and more.

With everything to consider, many people find hiring an interior decorator to be beneficial. Heidi Williamson of Heidi's Upscale Designs offers the following tips to bring a happily ever after to your decorating adventure:

### Tips to Designing a Space

1. Never put dark paint on walls in a small space. The space will look and feel smaller.
2. Adding living objects like plants, aquariums, water falls, or pictures of life to a room will always create a positive atmosphere.
3. Never create a room that's too "pretty" to enjoy. Every room should be comfortable, livable, and inviting.

4. When choosing paint samples, get enough samples to cover an 8 x 11 inch space on your wall, so that you'll know what it will look like in the actual space with its lighting.
5. Limit color selections in a room to 3 colors at the most. You don't want your space to be confusing or look like a quilt.
6. If you have an open layout, ensure your color scheme flows throughout the space.
7. Never be afraid to express yourself in your home through color.
8. Using neutral colors with bold accessories is a good rule of thumb. Accessories are easy and inexpensive to incorporate and change in any space.
9. Lighting is very important in a space. It can bring a room to life and be used to accent artwork.
10. Window treatments can allow a window to be elongated if you hang the treatments 4 to 6 inches about the framing.
11. Save, save, save...You don't have to spend a million dollars to have a space that looks and feels like a million. - *ℵ*

*Heidi Williamson has over 16 years of experience in the decorating and interior design business. Half of those years were spent working with various small architectural firms in the Charlotte area. Her firm boasts over 30 years of experience in interior decorating and design.*



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Jessica

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- Noicy Black Loud Lash \$11
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- Anna Sui Dress \$528
- Destroy Pirate Boots \$198

# SPLASH OF RED

a brief representation of Klazzy's magnificent colors  
Photography - Moyer  
Models - Ice Model Talent Management  
Makeup - Kendrick  
Location - corner of trade & tryon uptown charlotte







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